Live Webinar: April 17, 2025 (2:00-3:00 pm ET) Convert to your own time zone

Professional Approvals

Becky Dorner & Associates has been a trusted provider of high quality continuing professional education since 1993 (Commission on Dietetic Registration provider number NU004).

Live Webinar: Emergency and Disaster Preparedness for Food and Nutrition Professionals awards 1.25 CPEUs in accordance with the Commission on Dietetic Registration CPEU Prior Approval.



Recorded/Enduring Webinar: Emergency and

Disaster Preparedness for Food and Nutrition Professionals awards 1.25 CPEUs in accordance with the Commission on Dietetic Registration CPEU Prior Approval.

Intended Audience: RDNs, NDTRs and CDMs	CPEUs	CDR Level	CDR Activity Type	CDR Activity Number	Expiration Date
Live Webinar	1.25	2	187516	172	3/3/26
Recorded/Enduring	1.25	2	187517	741	3/12/28
Suggested CDR Performance Indicators: 1.2.2, 8.2.1, 8.2.5, 8.2.8					
Note: Numerous Other Performance Indicators May Apply.					
**Certified Dietary Managers: Please see our <u>Professional Approvals page</u> for information on how to self-report your CE hours to the Certifying Board for Dietary Managers.					

Commercial support has been provided by Lyons Health Labs.

How to Complete this Program and Receive Your Certificate

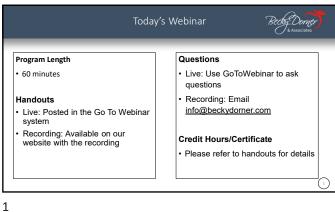
Carefully review the contents of this program. Keep in mind the practical applications it has for you in your individual setting. The focus is to increase your knowledge and application of the subject matter.

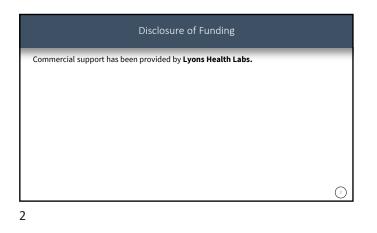
You must complete this program prior to the expiration date. To obtain your certificate, review the materials, take and pass the online test, and complete the evaluation. For multiple choice questions select the one best answer from the choices given. You may retake the online test as many times as needed prior to the expiration date. If you are interrupted and cannot finish the test, you can save it and come back later to finish it. Also see the last slide in this handout for more information.

If you wish, you may submit evaluations of the quality of this course activities/materials to CDR at <u>qualityCPE@eatright.org</u>.

Also visit https://www.beckydorner.com/continuing-education/how-to-complete-cpe/.

Questions? Please contact us at info@beckydorner.com





Erinn Skiba, MPH, CHEP

- Senior Director of Public Safety at Tampa General Hospital (TGH). · Oversees public safety operations across the TGH Enterprise, including security, emergency management, transportation and courier services.
- 6 hospitals, 3 freestanding Emergency Departments, nearly 200 ambulatory locations. Responsible for safety and security protocols (e.g., workplace
- violence, facility and executive security), management of armed/unarmed officers, K-9 team, and weapon detection.
- Leads emergency management system-wide including preparedness, planning, mitigation, response, and recovery.
- · Coordinates with local, county, regional, and state agencies. · Actively collaborates with community partners to enhance safety, security, and emergency coordination.



Disclosure: Frinn is a TGH employee. She certifies that no conflicts of interest exist related to this program. 3



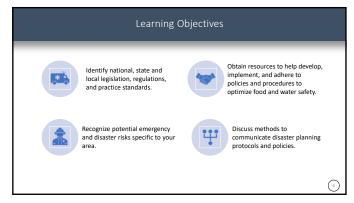
Donna Tope, MBA, MSHA

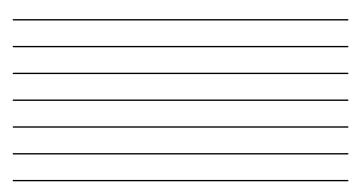
- · Vice President of Operations at Tampa General Hospital (TGH). TGH is a 981-bed private, not-for-profit teaching hospital and clinical
- or is a so-toed private, not-to-promit leading inspirat and clinical partner of USF Health Morsani College of Medicine.
 Key responsibilities include overseeing \$63M operating budget, managing -900 team members with 6 direct leadership reports, leading 11 departments, including Food and Nutrition Services.
- Focuses on driving strategic imperatives and operational results, building interdepartmental relationships with clinical leaders, empowering front-line staff.
- Known for being a solutions-oriented leader, promoting innovation, inclusion, and resiliency.

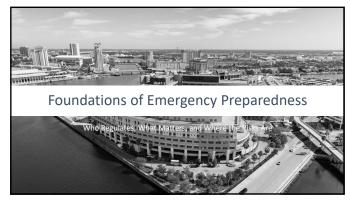












Regulatory Bodies Guiding Emergency Preparedness in Healthcare

Centers for Medicare & Medicaid Services (CMS)
Appendix 2 of the State Operations Manual outlines the *Emergency Preparedness Rule* requirements for all Medicare/Medicaid-participating providers.
F-Tag 922 applies to long-term care facilities and is the specific survey tag related to compliance with emergency preparedness standards.

The Joint Commission (TJC)
 Provides accreditation for healthcare organizations and establishes standards to ensure they are equipped for 'all-hazard' emergencies—supporting the development and validation of operational practices, and offering advisory services to aid in emergency preparedness, response, recovery, and mitigation.

Occupational Safety and Health Administration (OSHA)

 The Occupational Safety and Health Act (1970) requires employers to plan for employee safety during disasters. OSHA offers resources, including sample plans, to help.

1.	. U.S. Department of Health and Human Services Center for Medicaid and Medicare Services. State Operations Manual: Appendix PP, Guidance to Surveyors for Long-Term Care Facilities. (Rev.)		
	08-08-24). https://www.cms.eov/medicare/provider-enrollment-and-certification/euidanceforlawsandregulations/downloads/appendix-pp-state-operations-manual.pdf. Accessed April 3, 200		
2.	. U.S. Department of Health and Human Services Center for Medicaid and Medicare Services. State Operations Manual: Appendix Z-Emergency Preparedness for All Provider and Certified Supp	lier	
	Types. Interpretive Guidance. Rev.204, 04-16-21). https://www.cms.gov/regulations-and-guidance/guidance/manuals/downloads/som107ap_z_emergprep.pdf, Accessed April 3, 2025.		
	. The Joint Commission. (n.d.). Emergency management. https://www.jointcommission.org/resources/patient-safety-topics/emergency-management/. Accessed April 3, 2025.	\sim	
4.	 Occupational Safety and Health Administration. (n.d.). OSH Act of 1970. U.S. Department of Labor. https://www.osha.gov/laws-regs/oshact/completeoshact. Accessed April 3, 2025. 	G	١.

8

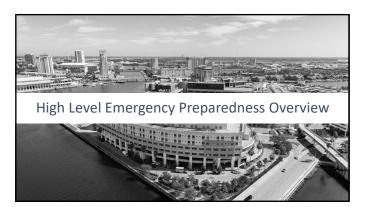
Other Government Agencies	
Federal Emergency Management Agency (FEMA) Offers resources and training for disaster preparedness and coordinates response efforts during large-scale events.	
Department of Health and Human Services (HHS) Leads national public health and medical response to disasters; supports planning and coordination.	
State and Local Health Departments Provide localized regulations, support, and coordination for facility-level emergency preparedness. Vary from state to state.	
Federal Energency Management Agency (n.d.). FFMA. <u>https://www.fma.gov/</u> U.S. Decuringent of Molth work Manager Section (n.d.). Education the https://www.fma.gov/	

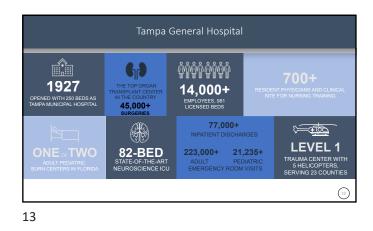
9

(8)



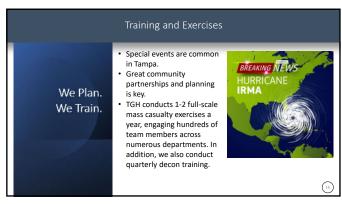
IU	lentifying Risks	
 Identify potential disasters 	Natural Disasters	Other Disasters
specific to your location.	Earthquakes	Bioterrorism
	Extreme cold or heat	Bomb threats
 Outline the actions to take in the 	Floods	Contaminated water supply
case of each disaster.	Hurricanes	Contaminated food supply
	Ice storms	Explosions
	Landslides	Fires
	Mudslides	Dam breaks
	Snowstorms	Loss of electricity
	Thunderstorms	Loss of natural gas
	Tornadoes	Loss of water
	Tsunamis	Infectious disease outbreaks/
	Volcanic eruptions	Mandatory quarantines
	Wildfires	Terrorist attacks
		Toxic chemical releases







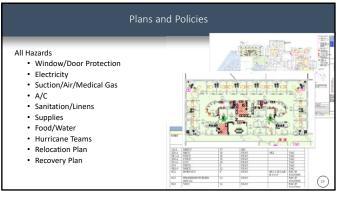






2020 Covid 19	2023 Ybor Mass Shooting
2020 IT downtime	2024 EPIC Downtime
2020 Tropical Strom Eta	2024 Change Healthcare Cyber Attack
2020 Water Main Break	2024 OneBlood Cyber Attack
2021 Hurricane Elsa	2024 Hurricane Helene
2021 Superbowl	2024 Hurricane Milton
2022 Hurricane lan	2024 Network Outage
2023 Internal Flooding Incident	2025 TECO Power Outage
2023 Hurricane Idalia	



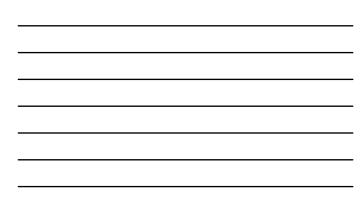


19





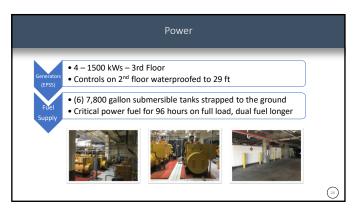




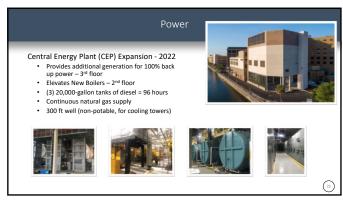




23











Planning with the Community	
TGH is a member of several local, regional and statewide emergency planning committees: • City of Tampa Emergency Operations Group (COTEOC) • Hillsborough County Emergency Medical Planning Council (EMPC) • Hillsborough County Healthcare Coalition (HCHC) • Tampa Bay Health and Medical Preparendess Coalition (TBHMPC) • Local Emergency Planning Council (LEPC) • Local Emergency Planning Council (LEPC) • Local Emergency Planning Council (LMS) • Urban Area Security Initiative (UAS) • Regional Domestic Security Task Force (RDSTF) • FHA Emergency Management Council	
 28	



29

Tampa General Hospital – Food Services Program Snapshot Total Operating Budget - \$15 Million Team of 209 FTEs

- Patient Service
 Over 1 Million patient meals served annually
- Average Daily Census : 960
- Room Service Conversion In Progress
 Celebrity Chef Partnership
- Retail Operation6 Retail offerings/concepts from Salads to Sushi
- Around 3,800 Daily Cafeteria Transactions
- \$8.67 Check Average Feature National & Local Brands



 Planning for an Emergency

 Key elements of planning for the emergency:

 PLANNING FOR AN EMERGENCY

 Vater Needs

 · Vater Needs

 · Menu Planning

 · Feeding Team Members and Visitors

 · Staffing

 · Alternative Kitchen and Food Options

 · Power Outages



Planning for an Emergency – Water Nee	eds Example
Water Needs	
(# of individuals) X 1 gal X (# of days) = Gallons needed	
Example:	<u>-</u>
200 individuals X 1 gal X 7 days = 1400 gallons needed	
	PLANNING FOR AN
Drinking Water Only Needs:	EMERGENCY
(# of individuals) X 0.5 gals X (# of days) = Gallons needed	
Example:	
200 individuals X 0.50 gals X 7 days = 700 gallons needed	
Dorner, B. (2025). Emergency and disaster planning for food and nutrition services: A comprehensive guide to preparedness and	nd response. Becky Dorner & Associates.
2.4	

34

More Extensive Planning for Water Needs

Know what your federal, state and local regulations require.

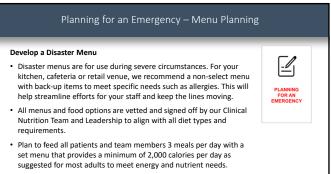
Example from CMS SOM for Nursing Facilities: CMS F922 §483.90(i)(1)

The facility must establish procedures to ensure that water is available to essential areas when there is a loss of normal water supply.

The facility should have a written procedure which defines the source of water when there is a loss of normal water supply, including provisions for storing the water, both potable and nonpotable, a method for distributing the water and a method for estimating the volume of water required.



35



36

Planning for an Emergency – Menu Example

Breakfast: Scrambled eggs, turkey sausage links, oatmeal, skillet potatoes Lunch: Patient/retail- Pot roast, mashed Potato, green beans (Chicken noodle Soup) Dinner: Patient/retail- Balsamic grill chicken parmesan, with marinara sauces, pasta, broccoli (Beef and sweet pepper soup)

Tuesday Breakfast: Scrambled eggs, turkey sausage links, oatmeal, skillet potatoes Lunch: Patient/retail- Hamburger with cheese, chips, and capri mixed vegetables. (Tomato soup) Dinner: Patient/retail- Chicken alfredo, pasta, mixed vegetable (Roasted vegetable soup)

Wednesday

Breakfast: Scrambled eggs, turkey sausage links, oatmeal, skillet potatoes Lunch: Patient/retail- Meat sauces, pasta, green beans (Chicken and dumpling soup) Dinner: Patient/retail- apple glazed pork loin, stuffing, carrots (Mediterranean vegetable soup)

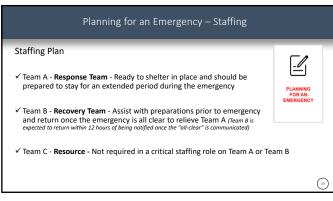
to provide ease of production during the emergency as space and capabilities may be limited

*Both staff meal and patient meal mirror



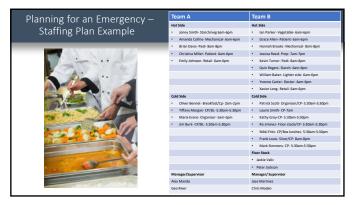


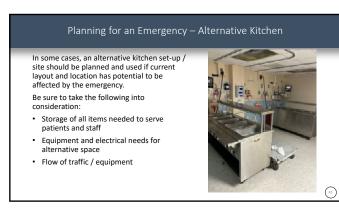






_





41







43

Planning for an Emergency - Power Outages

_//

PLANNING FOR AN EMERGENCY

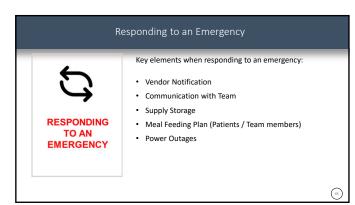
44

- Ensure team members know which electrical outlets are connected to emergency power (e.g., for refrigerators, food prep, charging devices)
- Stock emergency food supplies:

 Shelf-stable pureed foods (canned or aseptically packaged)
 Pre-thickened liquids and/or thickening agents for dysphagia diets
- Rotate emergency foods into regular menus to ensure items are used before expiration
- Create and review emergency menus that prioritize perishable items
- · Train staff on food safety practices in emergency scenarios

Darner, B. (2025). Emergency and disaster planning for food and nutrition services: A comprehensive guide to preparedness and response. Becky Dorner & Associates.

44



Responding to an Emergency – Vendor Notification & Preparedness

- 1. Notification to vendor 5 days prior to possible emergency to ensure products are available if needed
- 2. 48 hours prior to possible emergency, all equipment and orders are delivered and stored in assigned spaces
- 3. 24 hours prior, schedules, assignments, and expectations are communicated to all teams
- 4. Once Team A is active, all team members are accounted for and signed in to start emergency shift



(46)

(47

46

Responding to an Emergency – Communication	with Team
 Communication and Information Keeping your team informed is critical Remind team members to fill their cars' gas tank, charge cell phones and other devices, secure homes, property, and important papers, and make plans for their family members Analyze communication systems and plan for phone trees or group text messages Paper Forms and Documents Back-up system must be in place and should be tested on a 	RESPONDING TO AN EMERGENCY
regular basis to ensure it is working • Plan to not have central processing unit (CPU) access or files	

Dorner, B. (2025). Emergency and disaster planning for food and ess and response. Becky Dorner & Associates

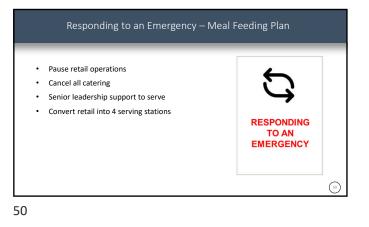
47

Responding to an Emergency – Communication with Team Staffing Assignments $\circ\;$ Staffing work areas and sleep locations (the need to account for everyone) Have a Schedule $\circ~$ A schedule will help organize and provide guidance during the RESPONDING emergency event TO AN EMERGENCY Share the Plan o Sharing the plan with your team and leaders helps with execution 48





49



Responding to an Emergency - Power Outages

- If the power is out for an extended period of time:
 - Do not store frozen foods outside (temperatures can vary from hour to hour)
 - Discard any thaved foods that have reached and stayed above 41°F for greater than or equal to 4 hours
 Maintain safe food handling practices for food preparation
 - And service
 Follow preplanned menus, using perishable foods first
 - ronow prepranned menus, using perishable foods first

ning for food and nu



51

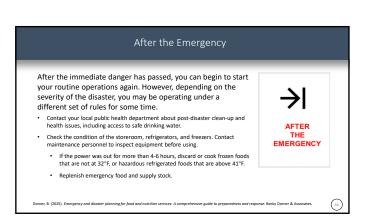
nse. Becky Do

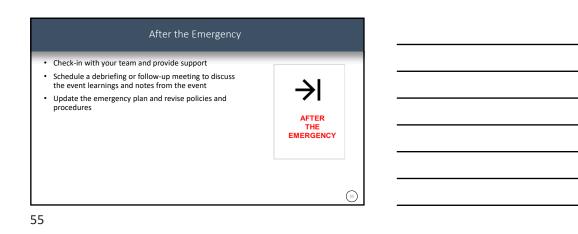


Dorner, B. (2025). Emergency and disaster plan

Responding to an Emergency - Power Outage	S	
Use foods in order of their perishable qualities if power is compromised: • Food in refrigerators: May be good for up to 12 hours without electricity if doors remain closed as much as possible - it is essential to check food temperatures to ensure food safety • Food in freezers: Probably will keep up to 2 to 3 days without electricity if doors remain closed as much as possible - it is essential to check food temperatures to ensure food safety.	RESPONDING TO AN EMERGENCY	
Canned, aseptically packaged, and dry foods: Use last Derrer, IL (023). Emergency and disater planning for food and nutrition services: A comprehensive guide to preparedness and response. Becky b	orner & Associates.	









56

Certificates (For Free Webinars)

Becky Dormer

- Log into your account using the same email address you used when registering for the webinar. Not a Member? Create your free account at <u>https://www.beckydorner.com/become-a-member/</u>. You must have an account to obtain your certificate.
- Access the recording, download handouts, and review instructions on how to receive your CPE certificate at: <u>https://www.beckydorner.com/free-resources/free-cpes/</u>
- 3. Choose the appropriate webinar to access all the information.
- 4. Follow the instructions to obtain your certificate.

Please send questions/comments to info@beckydorner.com